





DANIEL GRACIE TEAM

PHILADELPHIA

Academy Schedule

Location: 2301 N. Front St.
Philadelphia, PA 19133

Phone: (267) 886-9413

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 am – 7:30 am		BJJ Gi (All Levels)		BJJ Gi (All Levels)			
10:00 am – 11:00 am	BJJ Gi (All Levels)	No-Gi Jiu-Jitsu	BJJ Gi (All Levels)	No-Gi Jiu-Jitsu	BJJ Gi (All Levels)		<u>CLOSED</u>
11:00 am – 12:00 pm	Private Training (Appointment Only)	 Private Training (Appointment Only)	Private Training (Appointment Only)	Private Training (Appointment Only)	 Private Training (Appointment Only)	Combat Yoga	
12:00 pm – 2:00 pm	Gym Sanitation	Gym Sanitation	Gym Sanitation	Gym Sanitation	Gym Sanitation	Open Mat	Open Mat
5:00 pm – 6:00 pm	Kids BJJ	Judo (All Levels)	Kids BJJ	Kids Wrestling	Kids BJJ	Gym Sanitation	Gym Sanitation
6:00 pm – 7:00 pm	BJJ Fundamentals	No-Gi Jiu-Jitsu	BJJ Gi (All Levels)	BJJ Gi (All Levels) 6:00 pm– 7:30pm	Judo Fundamentals		BJJ Gi (All Levels) 6:00 pm– 7:30pm
7:00 pm – 8:00 pm	BJJ Advanced	BJJ Gi (All Levels)	BJJ Advanced 7:30 pm– 8:30pm	Wrestling/BJJ 7:30 pm– 8:30pm	BJJ Competition Training	Open Mat	Gym Sanitation
8:00 pm – 8:30 pm	Randori (Live Training)		Randori (Live Training)		Gym Sanitation		

